

Intensive In-Home Behavioral Health Treatment Information



Meet the Team

Mental health provider: Loren Bolich is a Qualified Mental Health Professional (QMHP) with a Master's degree in Applied Behavior Analysis. Her passions include helping families achieve success in all areas of their lives, and helping individuals find fulfillment in their darkest times. For more information, please refer to the professional disclosure statement provided to you upon intake.

Skills trainer: Blanca Mendoza is a Qualified Mental Health Associate (QMHA-R) with a wide range of experiences with children and youth. Her passion is connecting with children and teens to help them achieve their goals.

Frequently Asked Questions

What does IIBHT stand for?

Intensive In-Home Behavioral Health Treatment

What services does IIBHT include for my child?

Providers are required to provide services that include psychiatric, individual and family therapy, peer support services, and skills training/case management.

Do I have to use all of those services?

No, it is not required. However, your provider may strongly recommend it in their treatment plan.

Where are services available?

Services are available in your home, school, or other community environments that is determined by the family and provider.

Frequently Asked Questions (Continued)

What is the time commitment?

At minimum, 4 hours of in-person planned program services per week. Families along with their provider work collaboratively to determine the frequency of services and what types of services are going to produce the best outcomes.

In addition, every 30 days there will be a required meeting for the provider, family, friends, and any community partners involved in the case. At this meeting, we will go over the past month's improvements, and what next steps will be for treatment. This ensures that, as a team, we are meeting expectations and adjusting based on current client needs.

How involved do I as a client/parent need to be?

Outside of the weekly in-person services, every service needs to be approved by you with your written consent. At the beginning, and whenever the service plan needs to be changed, you must give consent. You will be provided with an individual service plan that is written and must be signed in order for the plan to be implemented.

What if there is a crisis?

A provider will be on call 24/7 to assist you. This may or may not be your main provider, but the provider will have access to files necessary to help you deescalate and provide in-the-moment solutions. There may be times where the provider will recommend contacting police, or other emergency personnel if the crisis is unable to be resolved.

Is this a permanent solution?

The goal for IIBHT is to come in and work for short times to get families settled to a point where IIBHT can back off and outpatient treatment can resume. Typically, clients stay in the program for 3-6 months before transitioning to a lower level of care. However, IIBHT is centered on the client needs, and does not have a time limit.